



THE Mount Calvary MESSENGER

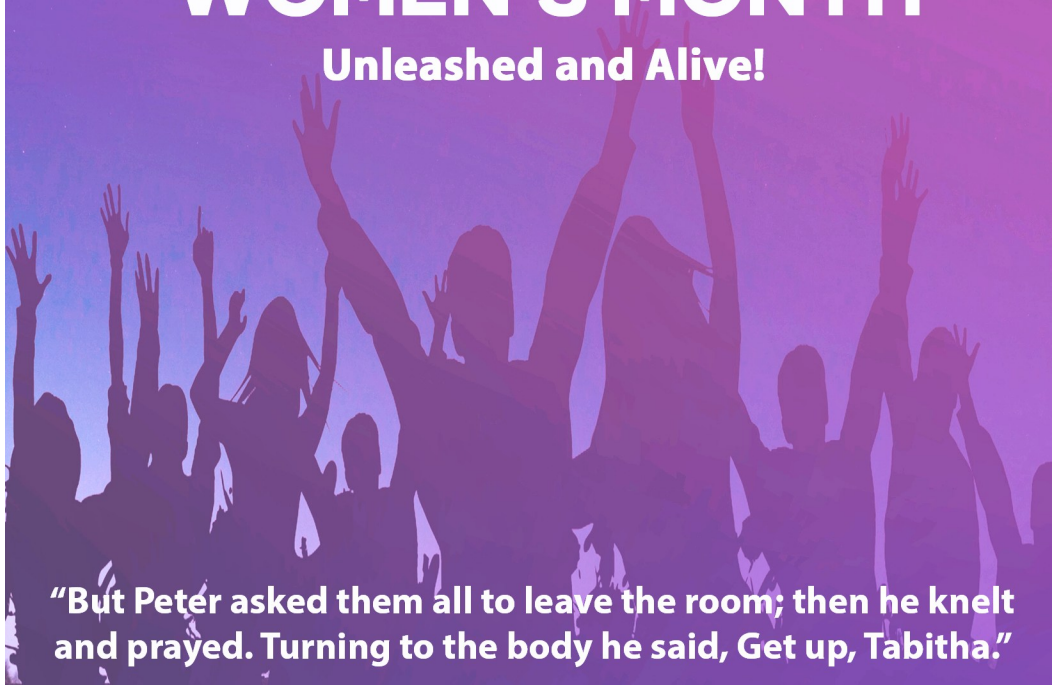
SMALL ENOUGH TO KNOW YOU, LARGE ENOUGH TO GROW YOU!

MAY

2025

WOMEN'S MONTH

Unleashed and Alive!



"But Peter asked them all to leave the room; then he knelt and prayed. Turning to the body he said, Get up, Tabitha."

ACTS 9:40 - 41 NLT

WHAT YOU WILL FIND IN THE MESSENGER...

- ◆ Women's Month Message
- ◆ Women's Month Theme, Scripture, & Activities
- ◆ Church-wide Announcements
- ◆ Weekly Power Cells



A Message from Women of Warfare, W.O.W. Ministry...



“UNLEASHED AND ALIVE”

Acts 9:40-41 (NLT)

Greetings Mt. Calvary A.M.E. Church and Happy Women’s Month! May is a momentous month at our church! We have a tradition of devoting May to celebrating and honoring women. During this month, the church recognizes and commemorates the invaluable contributions of women to ministry and their communities. The fourth Sunday in May is marked as Women's Day, an annual event that holds a significant place in the church's calendar. This day symbolizes our commitment to women's empowerment and recognition, and we invite all our community members, especially women, to take pride in this celebration.

Each Sunday during the Worship Experience, let us embrace the theme, “Unleashed and Alive.” This theme serves as a reminder of our strength and resilience and a rallying cry for action! Women play an essential role in uplifting our families, communities, and the church, and it’s time we recognize and release that potential. Let's unite in this movement under the mantra of being 'Unleashed and Alive.'

Inspired by Dorcas's spirit (Acts 9:39-40), let’s dedicate ourselves to uplifting and supporting one another. W.O.W., together we can foster an environment where every woman feels valued and empowered. Let us shine as bright beacons of hope and love, guiding those in our circle of influence.

This month, let us aim not merely to exist, but to thrive with intention and enthusiasm! As we consider our accomplishments and the remarkable contributions of women, let’s pledge to continue this journey of empowerment and transformation with bravery and determination.

Let’s demonstrate our unity by dressing in:

- 1st Sunday – May 4th (Communion) All White Attire
- 2nd Sunday – May 11th (Mother’s Day) Sunday Best in Bright Colored Suits or Dresses with hats
- 3rd Sunday – May 18th T-Shirts and Sneakers
- 4th Sunday – May 25th (Annual Women’s Day) Pull out your Red Dress or Suits.

May God’s abundant blessings shower upon you as we come together in faith and sisterhood.

W.O.W. Servant Leader
Rev. Patricia A. Joyner

2025 Women's Month...

Theme: Unleashed and Alive

Monthly Scripture: Isaiah 40:41 (NLT)

“But Peter asked them all to leave the room; then he knelt and prayed.

Turning to the body he said, “Get up, Tabitha.” And she opened her eyes! When she saw Peter, she sat up! ⁴¹ He gave her his hand and helped her up. Then he called in the widows and all the believers, and he presented her to them alive.”



Women's Month 2025 Events:

Sunday, May 4, 2025 - Communion Sunday and Women's Month Kick-off Service. Come to Worship wearing All White Attire.

Friday, May 9, 2025 at 6:30 pm - WOW Zoom Session with Rev. Sheleta E. Fomby, Senior Pastor - All women are invited to attend.

Saturday, May 10, 2025 - Pastor Fomby invites All Young Adults ages 18-35 for a Chat N Chew at 11 am in the Family Life Center. Please **RSVP** by emailing Rev. Dawn Wayman (dmwayman@gmail.com).

Sunday, May 11, 2025 - Mothers Day - Wear your Sunday Best: Bright Colored Suits or Dresses with hats.

Tuesday, May 13 & 20, 2025 - Women's Day Choir Rehearsal at 7:30 pm & 7pm respectively. Please see Quiana Johson to be added to the email list. *Note. If an additional rehearsal is needed it will be held on Saturday, May 24th, at 9am.*



Sunday, May 18, 2025 - Come to Worship in your WOW T-shirt and sneakers.

Wednesday, May 21, 2025 - Let's join **Pastor Sheleta Fomby** at **Charity Church (1720 Gwynn Oak Avenue Woodlawn MD 21207)** at **7 pm** as she preaches at their **When A Woman Says Yes Women's Month Wednesday Night Service.**

Sunday, May 25, 2025 – Annual Women's Day!!! Guest Speaker: Rev. Rhonda Boozer-Yearly of Douglas Memorial Community Church in Baltimore, MD, where the pastor is Rev. Dr. Sheridan Todd Yearly. Come to Worship wearing your Red. **Sacrificial Gift: \$100** for women & men.

Celebrating Women's Month...



WOW MEETING
Join us as we Spring into a New Beginnings
via **zoom**

with
Rev. Sheleta E. Fomby
Senior Pastor

🕒 6:30 pm 📅 Friday, May 9
➤ Meeting ID: 85397188312 Passcode 945456

The graphic features a purple and pink gradient background with a laptop, a smartphone displaying a Zoom app, and a portrait of Rev. Sheleta E. Fomby.



*Calling all
Mt. Calvary
Young Adults!!*

**CHAT
N
CHEW**

with Pastor Fomby

**SATURDAY, MAY 10TH
AT 11:00 AM**

*Young Adults Ages 18-35
RSVP w/ Rev. Dawn Wayman*

The graphic features a dark grey background with a white chalkboard-style border. On the right side, there is a photograph of a bowl of food containing fried chicken, shredded carrots, cabbage, spinach, and tomatoes. A gold circular logo is located in the bottom left corner.

Celebrating Women's Month...

MOUNT CALVARY AME CHURCH

WOMEN'S DAY Service

Unleashed & Alive
Acts 9:40-41 NIV

Worship With Us!

SUNDAY
05-25
10 AM

REV. SHELETA E. FOMBY
Senior Pastor

REV. RHONDA BOOZER-YEARLY
Guest Preacher

300 Eudowood Lane, Towson, MD 21286 | www.mtcalvaryame.org

CHURCH-WIDE ANNOUNCEMENTS

- The **Culinary Arts Ministry** is seeking volunteers to cook, serve, set up and break down the Great Room. Please email the church office adminasst@mtcalvaryame.org or see Sis. Fran Hennigan if you are interested in serving.
- The **Missionary Society** is hosting a **Collection Drive for Share Baby** during month of May. They are collecting donations of diapers and new and gently used baby items and monetary gifts. Please see Dr. Altrena Makuria Ashe for details. In addition, they are seeking volunteers to serve in the Food Pantry. Please email the church office adminasst@mtcalvaryame.org or see Sis. Joy Carter if you are interested in serving.
- The **Precious Stones Ministry** is inviting your child to join their ministry. Please see Sis. Lashea Billips for more information.
- The **Steward/Trustee Board** is seeking volunteers to serve at the Family Life Center greeting visitors and callers to the church during the week. Please email the church office adminasst@mtcalvaryame.org or see Sis. Gerri Miles or Bro. Carlton Epps.
- The **Trustee Board** is seeking volunteers to drive the church van, join the Parking Ministry, and work in the Sound Room. Please email the church office adminasst@mtcalvaryame.org or see Bro. Carlton, Sis. Carol Baker, or Sis. Elissa Ross if you are interested in serving in these areas of ministry.

Please join us in our weekly **POWER CELLS!**

- **The Jewel Cromwell Johnson Prayer Line:**
 - **May 2025 Morning Prayer:** Monday-Friday at 6am led by **Dynamic Women of God.**
- **Phone Conference Call Line:** 725-735-9012 (**No Passcode**)
- **Church School for adults & youth** - Sundays at 9:00 am.



Happy Birthday Greetings

to all those celebrating a birthday in the month of May.

From your CCU Leader
Sis. Quiana Johnson
(songbird3379@gmail.com).

Mount Calvary Observes Mental Health Awareness Month...



Mental Health Awareness Month was established in 1949 to increase awareness of the importance of mental health and wellness in Americans' lives and to celebrate recovery from mental illness. For more than 20 years, the Substance Abuse and Mental Health Services Administration (SAMHSA) has recognized **Mental Health Awareness Month (MHAM)** every May to increase awareness about the vital role mental health plays in our overall health and well-being and provide resources and information to support individuals and communities who may need mental health support.

Through out the month of May, SAMHSA will focus on the following themes each week:

- ◆ Supporting Older Adults' Mental Health
- ◆ Building Strong Foundations for Children's Mental Health
- ◆ Hope and Support for Serious Mental Illness and Serious Emotional Disturbance
- ◆ The Connection Between Mental and Physical Health
- ◆ Hope and Support for Serious Mental Illness and Serious Emotional Disturbance

Mount Calvary Celebrates Nurses this Month...

We celebrate Nurses Week every year from **May 6 to May 12** to shine a spotlight on the incredible nurses (registered nurses, nurse practitioners, LPNs, and others) across the country that have devoted their lives to the betterment of the lives of others.

We thank God for all Nurses and pray that they will continue to make the lives of their patients better.



May 2025 Prayer List

Rev. Sheleta E. Fomby, Senior Pastor
Bro. Andrew Adams
Bro. Bruce Ashe
Sis. June Bryant
Mother Cleo Cole
Bro. Carlton Epps
Sis. Vivian Fenton
Sis. Florene Fields
Mother Grace Hicks
Sis. Nadine Marsh
Sis. Gerri Miles
Sis. Ann Norman



Sis. Ursula Slade
Sis. Denise Smith
Sis. Kathy Thrasher
Bro. Sidney & Sis. Sylvia Twiggs
Bro. Derrick & Rev. Natalie Watson
Bro. Warren Whitworth
Steward & Trustee Boards
Ministerial Staff
Ministries & Ministry Heads
WOW Ministry
All Mothers, Nurses, Women, &
One Another Always

Opportunities to Give...

Mount Calvary AME Church

WAYS TO GIVE

			
THROUGH PHONE	IN PERSON	ONLINE	BY MAIL
Cash App \$mtcalvary349 or Smcames300 OR Call 410.296.9474	The Church Office 349 Eudowood Lane Towson, MD 21286	www.mtcalvaryame.org	300 Eudowood Lane Towson, MD 21286



Mount Calvary AME Church
300 Eudowood Lane
Towson, MD 21286
410-296-9474 (phone) 410-296-8710 (fax)
adminasst@mtcalvaryame.org www.mtcalvaryame.org
Rev. Sheleta E. Fomby, Senior Pastor

Items for the Messenger must be submitted by the 2nd Friday of each month. Leaders, please add the following address to your email contacts to receive a reminder: mtcalvaryamemessenger@gmail.com.