



THE  
*Mount Calvary*  
MESSENGER

WORSHIP • GROW • SERVE • SHARE

MAY

2026

**LIVE, LEARN, AND LOVE  
LIKE JESUS**

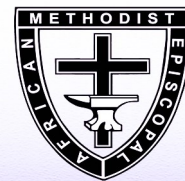


**WOMEN RISING TO BUILD  
STRONGER COMMUNITIES**

PROVERBS 14:1

**WHAT YOU WILL FIND IN THE MESSENGER...**

- ◆ Our Pastor's Message
- ◆ 2026 Women's Month Details
- ◆ Church-wide Announcements
- ◆ Weekly Power Cells



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## *From the Desk of the Pastor'...*



### **One Year and Going Strong!**

**THANK YOU, Mt. Calvary AME Church** — from the very bottom of my heart — for the incredible outpouring of love and support you poured out on the occasion of my **1st Pastoral Anniversary**. I was overwhelmed — in the very best way — by the warmth, the words, the deeds, and the extraordinary expressions of generosity and kindness that came from each of you. You warmed my heart and cheered my soul in ways I will not soon forget.

It has been an **AMAZING** year. A year of rising, building, stretching, trusting, growing, and believing God together. And while I am deeply grateful for all that has been accomplished, I am even more excited about what is ahead — because we are just getting started!

I **LOVE** you, Mt. Calvary, and I look forward to the greater impact we will make — together — to the glory of God. The best is truly yet to come!

### **Springtime Is a Sign:**

#### *Season of Renewal, Reset, and New Beginnings*

Have you noticed? The trees are blooming again. The days are longer and brighter. The earth itself is doing what it was designed to do — **start again**. And I believe that is a sermon from creation to every one of us: ***you can start again, too.***

Scripture reminds us in Lamentations 3:22–23 that “*The steadfast love of the LORD never ceases; his mercies never come to an end; they are new every morning.*” Every single morning is God’s invitation to begin fresh. Spring is not just a change in weather — it is a reminder of God’s covenant commitment to newness.

I want to encourage you to use this season intentionally. Take a moment to **reset**. Revisit your prayer life. Revisit your spiritual goals for the year. Ask the Holy Spirit: “*What do you want to grow in me this season?*” Let go of what the winter buried — old grudges, old grief, old mindsets — and step with expectancy into what God is bringing forth in your life.

Isaiah 43:19 says it plainly: “*Behold, I am doing a new thing! Now it springs forth, do you not perceive it?*” Beloved — **perceive it**. The new thing God is doing in your life is already in motion. Spring says so.

*Grace and Peace*

**Rev. Sheleta E. Fomby**

*Senior Pastor, Mt. Calvary AME Church  
Towson, Maryland*

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## 2026 Women's Month...

### Theme:

"Live, Learn, and Love Like Jesus:  
Women Rising to Build Stronger  
Communities."



### Scripture:

"The wise woman builds her house, but the foolish tears it down with her own hands." Proverbs 14:1

### Women's Month 2026 Events:

#### **Saturday, May 2, 2026 - Sacred Walk It Out at 10 am.**

The WOW and Health & Wellness Ministries is hosting this refreshing sacred walk to strengthen our sense of community at Roland Park (1000 Lakeside Drive, Baltimore MD 21210) and ask that everyone meet at 9:45 am.

#### **Sunday, May 3, 2026 - Communion Sunday and Women's Month Kick-off Service.** Come to Worship wearing All White Attire.

**Saturday, May 9, 2026 - Mother's Day Brunch at 11:00 am** - Join us for an afternoon of celebrating the gift of mother-hood. Please contact Rev. Patricia Joyner or Rev. Sherie Johnson at 443-296-9474. Donation: \$40.00.



**Sunday, May 10, 2026 - Mothers Day Appreciation Sunday:** Join us for our 10 am Morning Service. Following the service, all mothers will be honored with a special gift of appreciation.

**Tuesday, May 12 & 19, 2026 - Women's Day Choir Rehearsal** at 7pm. Please see Rev. Moore to be added to the email list.

**Sunday, May 24, 2026 – Annual Women's Day Sunday!** Let's unite to celebrate the strength and spirit of our women, inspired by our theme 'Live, Learn, and Love Like Jesus' and Proverbs 14:1, focusing on building and uplifting one another. Our **Guest Speaker** for this annual day is **Rev. Dr. Jennifer Watley Maxell**, co-founder of The Break Through Fellowship Church located in Smyrna, GA.



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## We Celebrate Mothers...

### The Hands That Held the Sky

Your hands were the first horizon I knew— warm as dawn, steady as the earth beneath my first steps. They cupped my fears like fragile seeds, planting them in the soil of your patience until they bloomed into courage. Your voice was a river that carried me through sleepless nights, its current weaving lullabies into the fabric of my dreams.

Even silence, in your presence, was a shelter built of love. You stitched the torn edges of my days with threads of sacrifice, never asking the world to notice how much of yourself you gave away. Yet I saw—in the quiet ache of your shoulders, in the way your smile hid the weight you bore.



Mother, you are the map and the compass, the anchor and the wind. Because of you, I have learned that strength is not the absence of tenderness—it is the choice to keep giving, even when the night feels endless. And so I stand here, rooted in your care, reaching for the sky with the hands you once held.

~Author Unknown

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## We Celebrate All Teachers & Nurses this Month...

	
<ul style="list-style-type: none"><li>- <b>Teacher Appreciation Week:</b> May 4 - 8, 2026</li><li>- <b>National Teachers Day:</b> May 5, 2026</li></ul>	<ul style="list-style-type: none"><li>- <b>National Nurses Week:</b> May 6 - 12, 2026</li><li>- <b>National Nurses Day:</b> May 12, 2026</li></ul>

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**Monthly Theme:**

“Worship that Pleases God”

**Monthly Memory Scripture**

“God is spirit, and his worshipers must worship  
in the Spirit and in truth.” John 4:24 NIV

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**CHURCH-WIDE ANNOUNCEMENTS**

- **Saturday, May 2, 2026** - Join the **Lay Organization** at **11:00 am** in the Great Room as we start the conference year with our kickoff meeting! Come and learn who we are and what we do, as well as the governance and decision-making structures of the AME church. All are welcome to attend.
- The **Trustee Board** announces that the Evergreen Apartments (located behind the church) **parking lot is private property**. Parking in that lot is reserved exclusively for its residents and their guests, and any **unauthorized vehicles may be subject to towing at the owner’s expense**. All members and visitors should park in our designated areas on Sundays—Lot A, Lot B, or the overflow lot at the Cranston building. Thank you for honoring both our church and surrounding community.

**Looking Ahead**

- **June is Youth Month and Youth Day and Graduate Recognition Sunday** will be held on **Sunday, June 14, 2026**.
  - **Monday, June 15, 2026** - Join us for our **1st Quarterly Conference** at **6 pm**.
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**Please join us in our weekly POWER CELLS!**

- **The Jewel Cromwell Johnson Prayer Line:**
    - **May 2026 Morning Prayer:** Monday-Friday at 6am
    - **Phone Conference Call Line:** 725-735-9012 (No Passcode)
  - **Church School for adults & youth** - Sundays at 9:00 am. & on the Prayer Line
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***Happy Birthday Greetings***

to all those celebrating a birthday  
in the month of May.

From your CCU Leader  
Sis. Quiana Johnson  
([songbird3379@gmail.com](mailto:songbird3379@gmail.com)).

## May 2026 Prayer List

Rev. Sheleta E. Fomby, Sr. Pastor  
Bro. Bruce Ashe  
Bro. Gregory Batson  
Sis. Cassandra Brown  
Sis. June Bryant  
Mother Cleo Cole  
Bro. Carlton Epps  
Sis. Vivian Fenton  
Sis. Cheryl Fowler & Family  
The Gardner Family  
Sis. Frances Hennigan  
Mother Catherine Heath  
Mother Grace Hicks



Rev. Marvin Higgs  
Bro. Howard Johnson & Family  
Sis. Cheron Jones & Family  
Sis. Sylvia Twiggs  
Bro. Warren Whitworth  
Bro. Alfred Williams  
Steward & Trustee Boards  
Ministerial Staff  
Ministries & Ministry Heads  
WOW Ministry  
All Mothers, Nurses, Women,  
Teachers, & One Another Always

## Opportunities to Give...

Mount Calvary AME Church

# WAYS TO GIVE

THROUGH PHONE    IN PERSON    ONLINE    BY MAIL

300 Eudowood Ln  
PO Box 20416  
Towson MD 21286

www.mtcalvaryame.org

**TEXT "MTCALVARY" TO 73256**  
and then follow the link provided.

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**ELECTRONIC GIVING**  
Rev. Sheleta E. Fomby, Senior Pastor



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adminasst@mtcalvaryame.org www.mtcalvaryame.org  
Rev. Sheleta E. Fomby, Senior Pastor

Items for the Messenger must be submitted by the 2nd Friday of each month. Leaders, please add the following address to your email contacts to receive a reminder: [mtcalvaryamemessenger@gmail.com](mailto:mtcalvaryamemessenger@gmail.com).