



THE *Mount Calvary* MESSENGER

WORSHIP • GROW • SERVE • SHARE

NOVEMBER

2025

MEN'S MONTH

**MEN OF VALOR: LIVING WITH
FAITHFULNESS
AND INTEGRITY**

**"GOOD WILL COME TO THOSE WHO ARE GENEROUS AND
LEND FREELY, WHO CONDUCT THEIR AFFAIRS
WITH JUSTICE" - PSALM 112:5 NIV.**

WHAT YOU WILL FIND IN THE MESSENGER...

- ◆ Message from the Pastor's Desk
- ◆ Men's Month Scripture & Theme
- ◆ Church-Wide Announcements
- ◆ Power Cell



From The Desk of the Pastor...



November's Focus: **SERVE Faithfully**

Beloved Mt. Calvary Family,

November is the season of thanksgiving.

Gratitude is more than a feeling. It is a faithful disposition of the heart that turns worship into work and praise into practice. Jesus gave us the pattern. "The Son of Man did not come to be served. He came to serve and to give His life" (Mark 10:45). Paul gave us the posture. "Through love serve one another" (Galatians 5:13). Micah gave us the path. "Do justice. Love mercy. Walk humbly with your God" (Micah 6:8).

The Fruit of Thankfulness

True thanksgiving bears fruit. It looks like doing good and sharing what we have, which the writer of Hebrews says delights God (Hebrews 13:16). When gratitude is mobilized we cannot help but freely and extravagantly share with others. Our sharing is expressed in love that shows up as blessings of groceries, prayers, visits, prayers and so much more.

This month we center on **SERVE Faithfully**. We commit to supporting our church and transforming our community through faithful, skilled, and compassionate service.

I am committed to honoring our past, serving our present, and preparing for our future. With God's help and your support, we will do just that.

Church, may November be the month our gratitude grows legs and our love takes shape in tangible deed.

A Prayer

Father, every good gift comes from You. Fill us with grateful hearts and hands ready to serve our church, neighbors and community with compassion and grace. Let our service be a reasonable act of worship. In Jesus' name. Amen.

Grace and Peace,

Rev. Sheleta E. Fomby
Senior Pastor

Advent Season Message...

Sunday, November 30 - December 24, 2025

John 1:14 NIV

"The Word became flesh and made his dwelling among us. We have seen his glory, the glory of the one and only Son, who came from the Father, full of grace and truth."

Advent is a four-week season of preparation and anticipation for the Birth of Jesus Christ at Christmas. It is the start of the liturgical calendar year for Christians, and a time for the reflection of Hope, Peace, Joy, and Love.

On Sunday, November the 30th, we will begin the Advent Season by lighting the Candle of Hope.



Join us for Faith Forward Bible Study with Pastor Sheleta E. Fomby

When: Wednesdays at 7 pm, beginning on November 13th

Where: [Mt. Calvary Youtube Channel](#)

SERVE Faithfully: November's Theme and Memory Scripture

“Men of Valor: Living with Faithfulness and Integrity.”

“Good will come to those who are generous and
lend freely, who conduct their affairs with justice.”

(Psalm 112:5, NIV)

CHURCH ANNOUNCEMENTS

November is Men's Month!!

- **November 3** **Calling all Veterans.** Help us honor you. Please complete the Veterans Recognition Form (<https://forms.gle/QMQhLAWF1EJ7Sorc9>) by the 3rd.
- **November 4th, 11th, & 15th** **Men's Day Choir Rehearsal** - All men, including our young men, are invited to sing with Ambassadors Christ Men's Choir on Men's Day by attending choir on Tuesday at 7 pm and Saturday at 9:30 am.
- **November 6th - 8th** Baltimore District Conference at Mt. Calvary AME Church (300 Eudowood Lane, Towson MD 21286). All are invited to attend this important event of the connectional church.
- **November 9th** **New Members Read-In** will be held during the 10 am Sunday Morning Worship Experience.
- **November 14th** We regret to announce that the WOW 2nd Friday session has been cancelled. However, please join them at their scared Saturday Women's Prayer Call every Saturday at 8am.
- **November 15th** The **Men's and Women's Ministries** are partnering together for a Community Outreach, at 2:30-3:30pm. At Autumn Lake Healthcare at Ruxton (7001 N Charles St. Towson MD 21204). Join them in making a difference donating skid-free socks, cozy blankets, and large-print word search books to support our outreach Your generous contributions will bring comfort and joy to those in need. Together, we can create a meaningful impact in our community!
- **November 16th** The Men will be celebrating **Men's Day** during the 10am Worship Service. The sacrificial offering for **Men's Day** are as follows: Men - \$100.00, Women - \$50:00, and Children - \$10.00.

CHURCH ANNOUNCEMENTS (cont.)



TO DECEMBER...

- The women's ministry has begun the planning for the 2026 Women's Retreat. We ask that you complete this [Interest Intake](#) form if you are interested in attending. Also, please join the WOW ministry for our 2nd Friday session on December 12, 2025 as we fellowship together with a game night. We invite all our college women to join us during this event.

Please join us in our weekly **POWER CELLS!**

- The Jewel Cromwell Johnson Prayer Line:
 - **Morning Prayer:** Monday-Friday at 6am
 - **Phone Conference Call Line:** 725-735-9012 (**No Passcode**)
- Join us **WOW** for Women's Prayer beginning on October 4th for **Sacred Saturday Prayer Call** at 8 am - 8:30 am on our phone conference line - 725-735-9012.
- **Church School** - Sundays at 9-9:45 am in the FLC. Adults & Youth.
- **Faith Forward Bible Study with Rev. Sheleta Fomby, Senior Pastor** - On pause for two weeks and will begin again on Wednesday, November 13th at 7pm on our [Youtube Channel](#).

Happy Birthday Greetings to all those celebrating a birthday in the month of November from Sis. Raquel Batson (batsonrocky@yahoo.com). God Bless you.



We Have Launched REALM!

We have launched a new church management system called **REALM**. This platform is designed to help us stay more connected, informed, and engaged as a church community. You should have received an invitation email with instructions on **how to create your REALM account**. We'll also be offering training options to help you get familiar with the system, so stay tuned for those details.

Fall Back Daylight Saving Time Ends...



**Don't forget that
we fell back and
are now one hour
behind.**

Mount Calvary AME Church Honors all Veterans on
November 11, 2025...



Diabetes Awareness Month



Take Charge of Tomorrow



National Institute of Diabetes and Digestive and Kidney Diseases



Preventing Diabetes Health Problems

Diabetes is a disease that occurs when your blood glucose, also called blood sugar, is too high. When it's not managed, diabetes can damage the eyes, kidneys, nerves, and heart, and is linked to some types of cancer.

If you have diabetes, taking charge of your health as soon as possible may help you prevent other health problems.

Here are some tips to help you manage your diabetes to stay healthy longer.



Manage your A1C blood glucose, blood pressure, and cholesterol levels.

Ask your doctor what your goals should be, and stay informed about your A1C level.



Take care of your mental health.

A mental health counselor may help you find healthy ways to cope with stress.



Make lifestyle changes to slowly build healthy habits.

Take small steps to eat healthier, be more physically active, and get enough sleep.



Take your medicines on time, even if you feel healthy.

Talk to your doctor or pharmacist for help if you have trouble managing your medicines.



Work closely with your primary care provider.

They can help you manage your diabetes and refer you to other health care professionals for related health problems.

Visit niddk.nih.gov for more information on preventing diabetes health problems.

healthinfo@niddk.nih.gov  [@niddkgov](https://www.niddk.nih.gov)

November 2025 Prayer List

Rev. Sheleta Fomby, Sr. Pastor
Bishop Reginald Jackson
Presiding Elder Johnny Calhoun
Baltimore Annual Conference
Sis. Katherine Banks
Sis. June Bryant
Mother Cleo Cole
Mother Grace Hicks
Sis. Trina Higgs
Sis. Ann Norman
Sis. Elissa Ross
Bro. Derrick Watson

Sis. Norma Wharton
Bro. Alfred (Al) Williams
Church Family
Men of Mt. Calvary AME Church
Ministerial Staff
Ministries
New Members
Nurses
Steward Board
Trustee Board
Veterans



Mount Calvary AME Church

WAYS TO GIVE

 **THROUGH PHONE**  **IN PERSON**  **ONLINE**  **BY MAIL**

300 Eudowood Ln
PO Box 20416
Towson MD 21286

TEXT "MTCALVARY" TO 73256
and then follow the link provided.

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ELECTRONIC GIVING
Rev. Sheleta E. Fomby, Senior Pastor



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adminasst@mtcalvaryame.org www.mtcalvaryame.org
Rev. Sheleta E. Fomby, Senior Pastor

Items for the Messenger must be submitted by the 2nd Friday of each month. Leaders, please add the following address to your email contacts to receive a reminder: mtcalvaryamemessenger@gmail.com.